



Banana Foster Pancakes

1. Mix all the dry ingredients and then mix in the milk, eggs and the melted butter.
2. Cut the bananas and cook them in the butter; add the brown sugar and let it soak in a bit (put the flame out during this part); add the rum, put the flame back on and flambé the bananas.
3. Proceed to cook the pancakes, put some butter in a frying pan and pour the mixture and cook it, then serve 2 pancakes per order and put the bananas on top of them.

INGREDIENTS (3 portions)	QUANTITY	UNIT OF MEASURE
Flower	3 ¼	cup
White Sugar	3	Tbsp
Baking powder	1	Tbsp
Cinnamon	1	Tbsp
Salt	½	tsp
Eggs	2	
Milk	4	cup
Melted butter	¼	cup
Bananas (cut)	4	
Black rum	5	oz
Brown sugar	5	Tbsp
Butter (for cooking)	¼	cup